

## LSSC Code of Conduct

This policy was developed by the Lethbridge Summer Swim Club (LSSC) Board to promote an enjoyable and safe environment for all club members to develop competitive swimming skills. Successful athletic programs all have a basic understanding of acceptable and cooperative behavior among athletes, parents and coaches. Therefore, upon acceptance to the Lethbridge Summer Swim Club, all members will be expected to conduct themselves in accordance with the LSSC Code of Conduct.

### Athletes will:

- respect teammates, competitors, coaches, parents, officials, and property.
- not use alcohol, tobacco, or drugs.
- behave in such a way that actions reflect positively on the team.
- strive to be punctual for practices and meets.
- play fair and display good sportsmanship including yielding to a faster swimmer during practice.

### Consequences

Failure to meet LSSC Code of Conduct requirements may result in the following:

**Time Out** – Swimmers will be asked by the Coach to sit on the deck edge. Parents will be contacted by the Coach to discuss the situation and a member of the Board will be notified.

**Dismissal from practice or meet** – This will occur if a swimmer repeatedly violates the Code of Conduct or if any action is deemed to warrant a more serious punishment. The length of the suspension will be determined by the Board.

**Expulsion from LSSC Swim Club** – This is for any swimmer continually creating a disturbing environment by repeated violation of the aforementioned code.

Examples of infractions include verbal abuse such as swearing or other inappropriate language or gestures. Also included are physical actions such as pushing, hitting, spitting, or any other action that would infringe upon a swimmer's personal space either in or out of the pool and intentional interference with a swimmer's movement in the pool.

Finally, the dressing rooms have been the site of unnecessary horseplay and bullying. Change rooms are for changing only. Several complaints have been reported to the swim club regarding behavior in the change rooms and this behavior will not be tolerated. If there is any bullying, a suspension is automatic. Other horseplay will be punished also and it is the parent's responsibility to ensure that their children act appropriately. Remember that you represent the Lethbridge Summer Swim Club and the City of Lethbridge and that your actions will reflect positively and negatively on the club.

**I hereby agree to abide by the guidelines stated above.**

Swimmer's Name (please print): \_\_\_\_\_

Swimmer's Signature: \_\_\_\_\_

Signature (parent/guardian): \_\_\_\_\_

Date: \_\_\_\_\_